



It is easier for scholars to be successful in school when families participate in their school experience. There are many things that even the busiest families can do to support their scholar's learning in and out of school. Listed below are resources on good study habits, how to reduce test anxiety, easy activities that promote learning, and much more.

SPPS Resources

- [Learning Tips for Parents http://engagement.spps.org/](http://engagement.spps.org/) Visit SPPS' Family Engagement & Community Partnerships website for tips on: making the most of learning at home; how to help reluctant learners; making the most of parent-teacher conferences, and more.
- [Graduate to Something Great http://graduate.spps.org/](http://graduate.spps.org/) Developed by SPPS, this guide provides great tips for families on how to navigate the school experience from prekindergarten to high school, and on to college.
- [Sprockets http://sprocketssaintpaul.org/](http://sprocketssaintpaul.org/) Find after school and summer youth programs and activities near your home or school. Youth can participate in free or low-cost programs and activities to help them gain essential social, emotional and academic skills.

External Resources

[Saint Paul Public Library http://www.sppl.org/services/educator-services/student-support/](http://www.sppl.org/services/educator-services/student-support/) - Student support services:

- [Homework Rescue http://www.sppl.org/services/homework-help/homework-rescue](http://www.sppl.org/services/homework-help/homework-rescue)
- Provides a variety of free tutoring services through a service called HelpNow, powered by Brainfuse. Services are provided in both English and Spanish, including homework, learning academic skills, and assistance in writing term papers.
- [Homework Centers http://www.sppl.org/services/homework-help/homework-centers](http://www.sppl.org/services/homework-help/homework-centers)
- Students of all ages can drop in and work on their homework independently or with the help of volunteer tutors at the library.
- [Homework Resources www.sppl.org/services/homework-help](http://www.sppl.org/services/homework-help)
- Provide websites, databases, and other homework resources for all ages.
- Reading tutors through [Read With Me](#) and [Reading to Achieve www.sppl.org/services/tutoring#rta](http://www.sppl.org/services/tutoring#rta)
- [College Preparation www.sppl.org/college](http://www.sppl.org/college)
- [Museum Adventure Pass www.sppl.org/services/museum-passes](http://www.sppl.org/services/museum-passes)

[Great Schools \(PreK-12+\) www.greatschools.org/](http://www.greatschools.org/) Provides tips on a variety of areas such as learning activities, homework help, learning difficulties, test prep and parenting tips. [SchoolFamily.com \(K-12\) www.schoolfamily.com/](http://www.schoolfamily.com/) A website focused on helping parents help their kids make the most of their school year by providing families with expert insight, information and resources. Please also contact your scholar's teacher for other ideas for at home work.